

Cuando empezar TARGA y con que fármacos

In the UK, the preferred combination for people starting anti-HIV treatment for the first time is now the NNRTI efavirenz (*Sustiva*) with the NRTI combination pill *Truvada* (FTC and tenofovir).

UK doctors no longer recommend the NRTI combination pill *Kivexa* (3TC and abacavir) for people starting anti-HIV treatment. This is because there is some evidence that people who start anti-HIV treatment with a high viral load are less likely to have an undetectable viral load after a year if they take abacavir rather than tenofovir. There is also some as yet inconclusive evidence linking abacavir with an increased risk of heart attack.

The US government, however, has issued a statement saying that their HIV treatment guidelines still recommend abacavir for people starting anti-HIV treatment.